

Nume și prenume: Cojocaru Cristiana-Manuela

Gradul didactic: asistent universitar

Instituția: Universitatea de Medicină, Farmacie, Științe și Tehnologie „George Emil Palade” din Târgu Mureș

Facultatea: Științe și Litere „Petru Maior”

Departamentul: SL1

## L I S T A

### lucrărilor științifice

#### 1. Teza de doctorat

- „Implicații ale proceselor flexibilității psihologice în durerea musculoscheletală cronică”, conducător științific: Prof. Dr. Suci Bogdan-Andrei

#### 2. Cărți si capitole în cărți

##### B1. Autor principal

1. **Cojocaru, C.** (2024). Adolescenții, oglinda adulților. în: M. Rusu & M. Kardos (coord.), *Educație pentru Viață. Tinerețe, provocări, consecințe, responsabilitate* (pp. 85-95). Târgu-Mureș: Editura University Press. ISBN 978-973-169-861-8.
2. **Cojocaru, C.** (2024). Suicidul – Tu te-ai gândit vreodată la asta? în: M. Rusu & M. Kardos (coord.), *Educație pentru Viață. Tinerețe, provocări, consecințe, responsabilitate* (pp. 41-50). Târgu-Mureș: Editura University Press. ISBN 978-973-169-861-8.
3. **Cojocaru, C.,** Popa, O.C., Schenk, A., & Bredician, C. (2020). Overview of clinical psychological assessment, în: Popa, O.C., Lee, W.C., & Rus, A.V. (eds.), *New approaches in behavioral sciences* (pp. 57-72). Târgu-Mureș: Editura University Press. ISBN 978-973-169-651-5.

##### B2. Co-autor

1. Popa, O.C., Schenk, A., & **Cojocaru, C.** (2023). Tulburarea de personalitate narcisică abordată prin protocoale specifice psihoterapiei cognitiv-comportamentale, în: A. Nireștean & E. Luckács (eds.), *Personalitatea umană pe teritoriul virtuților* (pp. 211-223). Târgu-Mureș: Editura University Press. ISBN 978-973-169-782-6.
2. Popa, O.C., Schenk, A., & **Cojocaru, C.,** & Tamas, C. (2022). Psihoterapia cognitiv-comportamentală bazată pe proces în tulburarea de personalitate borderline. în: A. Nireștean & E. Luckács (eds.), *Personalitățile borderline: între trăsături,*

*simptome și destin* (pp.73-99). Târgu-Mureș: Editura University Press. ISBN 978-973-169-768-0.

3. Popa, O.C., Schenk, A., & **Cojocaru, C.** (2021). Evaluarea clinică psihologică și intervențiile cognitiv-comportamentale în tulburarea de personalitate narcisică. în: A. Nireștean & E. Luckács (eds.), *Narcisismul – între mit și realitate* (pp. 116-134). Târgu-Mureș: Editura University Press. ISBN 978-973-169-651-5.
4. Popa, O.C., Suci, N., Schenk, A., **Cojocaru, C.**, Szasz, S., & Olah, P. (2020). Communication theories applied to the field of medicine, în: Popa, O.C., Lee, W.C., & Rus, A.V. (eds.), *New approaches in behavioral sciences* (pp. 285-301). Târgu-Mureș: Editura University Press, , ISBN 978-973-169-651-5.
5. Schenk, A., Popa, O.C., **Cojocaru, C.**, & Bredician, C. (2020). Genetics and environmental effects on personality, în: Popa, O.C., Lee, W.C., & Rus, A.V. (eds.), *New approaches in behavioral sciences* (pp. 45-56). Târgu-Mureș: Editura University Press. ISBN 978-973-169-651-5.
6. Predatu, R., Schenk, A., **Cojocaru, C.**, & Flutur, D. (2020). Emotional regulation and dysregulation. The implication of negative dysfunctional emotions, în: Popa, O.C., Lee, W.C., & Rus, A.V. (eds.), *New approaches in behavioral sciences* (pp. 73-86). Târgu-Mureș: Editura University Press. ISBN 978-973-169-651-5.
7. Popa, O.C., Schenk, A., & **Cojocaru, C.** (2020). Abordarea terapeutică a tulburărilor de personalitate prin Terapia prin Acceptare și Angajament (ACT), în: A. Nireștean (ed.), *Personalitățile patologice. Determinism, comorbidități și repere reabilitative* (pp. 135-148). Târgu-Mureș: Editura University Press. ISBN 978-973-169-652-2.

### 3. Lucrări indexate ISI

#### C1. Lucrări indexate ISI publicate in extenso – autor principal

1. **Cojocaru, C.M.**, Popa, C. O., Schenk, A., Marian, Ș., Marchean, H., Suci, B. A., Szasz, S., Popoviciu, H., & Mureșan, S. (2024). Personality and Pain Outcomes in Rheumatic Disease: The Mediating Role of Psychological Flexibility. *Healthcare*, 12(11), 1087. <https://doi.org/10.3390/healthcare12111087>, ISSN: 2227-9032; FI: 2,4; Q2.
2. **Cojocaru, C.M.**, Popa, C. O., Schenk, A., Jakab, Z., Suci, B.A., Olah, P., Popoviciu, H., & Szasz, S. (2024). A Single-Session Process-Based Cognitive-Behavioral Intervention Combined with Multimodal Rehabilitation Treatment for Chronic Pain Associated with Emotional Disorders. *Behavioral Sciences*, 14(4), 327. <https://doi.org/10.3390/bs14040327>, ISSN: 2076-328X; FI: 2,5; Q2.
3. Popa, C. O., Sava, F.A., Muresan, S., Schenk, A., **Cojocaru, C.M.**, Muntean, L.M., & Olah, P. (2022). Standard CBT versus integrative and multimodal CBT assisted by

virtual-reality for generalized anxiety disorder. *Frontiers in Psychology*, 13, 1008981.  
<https://doi.org/10.3389/fpsyg.2022.1008981>, FI: 3,8; Q2; autor corespondent.

## C2. Lucrări indexate ISI publicate in extenso – co-autor

1. Schenk, A., Popa, C.O., **Cojocaru, C.M.**, Marian, Ș., Maier, S., Băjenaru, O. L., & Bălașa, R. (2024). An Online Single-Session Cognitive Behavioral Therapy for Depression and Anxiety Associated with Multiple Sclerosis-Pilot Study. *Behavioral Sciences*, 14(7), 620. <https://doi.org/10.3390/bs14070620>, ISSN: 2076-328X; FI: 2,5; Q2.
2. Schenk, A., Popa, C.O., **Cojocaru, C.M.**, Marian, Ș., Maier, S., & Bălașa, R. (2024). The Path from Personality to Anxiety and Depression Is Mediated by Cognition in Multiple Sclerosis. *Journal of Personalized Medicine*, 14(7), 682. <https://doi.org/10.3390/jpm14070682>; ISSN: 2075-4426; FI: 3; Q2.
3. Popa, C.O., Rus, A. V., Lee, W. C., **Cojocaru, C.**, Schenk, A., Văcăraș, V., Olah, P., Mureșan, S., Szasz, S., & Bredicean, C. (2022). The Relation between Negative Automatic Thoughts and Psychological Inflexibility in Schizophrenia. *Journal of Clinical Medicine*, 11(3), 871. <https://doi.org/10.3390/jcm11030871>; ISSN: 2077-0383; FI: 3; Q2.
4. Suci, N., Mărginean, C.O., Meliț, L. E., Ghiga, D.V., **Cojocaru, C.**, & Popa, C.O. (2021). Medical Students' Personalities: A Critical Factor for Doctor-Patient Communication. *International Journal of Environmental Research and Public Health*, 18(17), 9201. <https://doi.org/10.3390/ijerph18179201>; ISSN: 1660-4601; FI: 3,39; Q2.
5. Popa, C.O., Predatu, R., Lee, W.C., Blaga, P., Sirbu, E., Rus, A.V., Clark, A., **Cojocaru, C.**, Schenk, A., Vacaras, V., Szasz, S., Muresan, S., & Bredicean, C. (2020). Thought Suppression in Primary Psychotic Disorders and Substance/Medication Induced Psychotic Disorder. *International Journal of Environmental Research and Public Health*, 18(1), 116. <https://doi.org/10.3390/ijerph18010116>; ISSN: 1660-4601; FI: 2,84; Q2.

## C3. Lucrări indexate ISI publicate în rezumat (proceeding) – autor principal

1. **Cojocaru, C.**, & Schenk, A. (2021). The importance of life values and psychological flexibility during pandemic times, in: I. Boldea (ed.), *The Shades of Globalisation. Identity and Dialogue in an Intercultural World* (pp. 358-363). Târgu-Mureș: Arhipelag XXI. ISBN 978-606-93691-3-5.
2. Popa, O.C., & **Cojocaru, C.** (2021) Emotional regulation techniques as a process to coach medical students for the development of effective academic skills, in: I.

Boldea (ed.), *The Shades of Globalisation. Identity and Dialogue in an Intercultural World* (pp. 117-122). Târgu-Mureș: Arhipelag XXI. ISBN 978-606-93691-3-5.

#### 4. Lucrări indexate BDI/ PubMed publicate in extenso

##### D1. Lucrări indexate BDI/ PubMed publicate in extenso – autor principal

1. **Cojocaru, C.M.**, Popa, C.O., Schenk, A., Suciu, B.A., & Szasz, S. (2024). Cognitive-behavioral therapy and acceptance and commitment therapy for anxiety and depression in patients with fibromyalgia: a systematic review and meta-analysis. *Medicine and Pharmacy Reports*, 97(1), 26–34. <https://doi.org/10.15386/mpr-2661>; ISSN 2668-0572.
2. Popa, C.O., Olah, P., **Cojocaru, C.**, Jakab, Z., Ghiga, D.V., & Schenk, A. (2022). Unified protocols for transdiagnostic treatment versus the Beckian's approach of cognitive behavioural therapy for medical students with emotional disorders. *Acta Marisiensis – Seria Medica*, 68(1), 12-16. <https://doi.org/10.2478/amma-2022-0002>; ISSN 2668-7763; autor corespondent.
3. **Cojocaru, C.**, Suciu, B.A., Popa, C.O., Szasz, S., Mărginean, R., Suciu, N., & Schenk, A. (2021). Acceptance and commitment therapy for anxiety and depressive symptoms co-occurring with chronic postsurgical pain and fibromyalgia. *Health, Sports & Rehabilitation Medicine*, 22, 188-195. doi:10.26659/pm3.2020.22.3.188; ISSN 2668-5132.
4. Popa, O.C., Rus, A.V., Lee, W.C., **Cojocaru, C.**, Suciu, N., Schenk, A., & Gabos-Grecu, C. (2021). Cognitive-behavioral therapy augmented with virtual reality in the treatment of generalized anxiety disorders. *Health, Sports & Rehabilitation Medicine*, 22, 182-187. doi:10.26659/pm3.2021.22.3.182; ISSN 2668-5132; autor corespondent.
5. **Cojocaru, C.**, Popa, C., Suciu, N., Peter, O., Schenk, A., & Muresan, S. (2021). The efficacy of cognitive-behavioral therapy for treating major depressive disorder comorbid with chronic disease. *Acta Marisiensis - Seria Medica*, 67, 12-15. <https://doi.org/10.2478/amma-2021-0005>; ISSN 2668-7763.
6. **Cojocaru, C.**, Popa, O.C., Schenk, A., Suciu, N., & Szasz, S. (2020). Medication and cognitive-behavioral therapy treatment effects on the brain in depression. *Health, Sports & Rehabilitation Medicine*, 21(2), 110–112. doi: 10.26659/pm3.2020.21.2.110; ISSN 2668-5132.

##### D2. Lucrări indexate BDI/ PubMed publicate in extenso – co-autor

1. Schenk, A., Popa, O.C., **Cojocaru, C.M.**, Marian, Ș., Maier, S., & Bălașa, R. (2024). Neuroticism as a Common Factor in Depression and Anxiety Associated with Multiple Sclerosis-A Systematic Review and Meta-Analysis. *International Journal of*

*Environmental Research and Public Health*, 21(10), 1264.  
<https://doi.org/10.3390/ijerph21101264>; ISSN: 1660-4601.

2. Schenk, A., Popa, O.C., **Cojocaru, C.** (2022). Emotional disorders associated to multiple sclerosis and psychological interventions: a literature review. *Acta Marisiensis – Seria Medica*, 68(1), 6-11. <https://doi.org/10.2478/amma-2021-0042>; ISSN 2668-7763.
3. Schenk, A., Popa, O.C., Olah, P., Suciuc, N., & Cojocaru, C. (2020). The Efficacy of Rational Emotive Behavior Therapy Intervention in Generalized Anxiety Disorder. *Acta Marisiensis - Seria Medica*, 66(4), 148-151. <https://doi.org/10.2478/amma-2020-0027>; ISSN 2668-7763.
4. Popa, O.C., Schenk, A., Rus, A., Szasz, S., Suciuc, N., Szabo, D.A., & **Cojocaru, C.** (2020). The Role of Acceptance and Planning in Stress Management for Medical Students. *Acta Marisiensis - Seria Medica*, 66(3), 101-105. <https://doi.org/10.2478/amma-2020-0020>; ISSN 2668-7763.
5. Muntean, L.M., Popa, O.C., Nireștean, A., **Cojocaru, C.**, Schenk, A., & Bologh, F.I. (2020). The relationship between unconditional self-acceptance and cognitive fusion in psychosis. *Psihiatru.Ro*, 62(3), 26–29. <https://doi.org/10.26416/Psih.62.3.2020.3877>; ISSN 2066-821X.
6. Schenk, A., **Cojocaru, C.**, Suciuc, N., Popa, O.C., & Szasz, S. (2020). Doctor-patient communication from the perspective of the Rogerian model. *Health, Sports & Rehabilitation Medicine*, 21(2), 113–116. doi:10.26659/pm3.2020.21.2.113; ISSN 2668-5132.

#### E. Lucrări publicate în volume de conferințe naționale și internaționale

1. **Cojocaru, C.**, Popa, C.O., Schenk, A., Marian, S., Suciuc, B.A., Szasz, S., & Popoviciu, H. (2024, September 4-7). Cognitive fusion as a mediator in the relationship between personality traits and perceived distress in chronic pain. In: *Book of Abstracts: New age of CBT - Challenges and perspectives*, pp.231-232. Belgrade, Serbia: The 54th Annual Congress of the European Association for Behavioural and Cognitive Therapies (EABCT). ISBN 978-86-906974-0-3. [Presentation within Open Paper Symposium session].
2. Schenk, A., Popa, C.O., **Cojocaru, C.**, Marian, S., Balasa, R., & Maier, S. (2024, September 4-7). The effect of Ultra-Brief Cognitive Behavioral Intervention on emotional disorders in multiple sclerosis. In: *Book of Abstracts: New age of CBT - Challenges and perspectives*, p.230. Belgrade, Serbia: The 54th Annual Congress of the European Association for Behavioural and Cognitive Therapies (EABCT). ISBN 978-86-906974-0-3.



3. **Cojocaru, C.M.**, Schenk, A., Popa, C.O., & Suci, B.A. (2023, December 11-15). The Association between Neuroticism and Perceived Psychological Distress in Chronic Pain Patients. In: : *Book of Abstracts: Scientific Session of University Academic Staff. International Conference of PhD students and young doctors*, p.188. Targu Mures, Romania: George Emil Palade University of Medicine, Pharmacy, Science and Technology of Targu Mures, University Days. ISSN 2602-1609.
4. Popa, C.O., Schenk, A., **Cojocaru, C.** (2022, December 5-9). Multimodal and Integrative CBT Augmented with Virtual Reality (IMCBTVR) compared to Cognitive-Behavioral Therapy (CBT) for medical students with psychoneurotic anxiety. In: *Book of Abstracts: Scientific Session of University Academic Staff. International Conference of PhD students and young doctors*, p.13. Targu Mures, Romania: George Emil Palade University of Medicine, Pharmacy, Science and Technology of Targu Mures, University Days. ISSN 2602-1609.





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Facultatea: Științe și Litere „Petru Maior”

Departamentul: SL1

**Lista celor mai relevante lucrări științifice pentru disciplinele postului  
pentru care candidează: Lector universitar (poziția 43)**

**Domeniul Psihologie**

**Cărți si capitole în cărți**

1. **Cojocaru, C.**, Popa, O.C., Schenk, A., & Bredician, C. (2020). Overview of clinical psychological assessment, în: Popa, O.C., Lee, W.C., & Rus, A.V. (eds.), *New approaches in behavioral sciences* (pp. 57-72). Târgu-Mureș: Editura University Press. ISBN 978-973-169-651-5.
2. Popa, O.C., Schenk, A., & **Cojocaru, C.** (2023). Tulburarea de personalitate narcisică abordată prin protocoale specifice psihoterapiei cognitiv-comportamentale, în: A. Nireștean & E. Luckács (eds.), *Personalitatea umană pe teritoriul virtuților* (pp. 211-223). Târgu-Mureș: Editura University Press. ISBN 978-973-169-782-6.

**Lucrări indexate ISI**

3. **Cojocaru, C.M.**, Popa, C. O., Schenk, A., Marian, Ș., Marchean, H., Suciu, B. A., Szasz, S., Popoviciu, H., & Mureșan, S. (2024). Personality and Pain Outcomes in Rheumatic Disease: The Mediating Role of Psychological Flexibility. *Healthcare*, 12(11), 1087. <https://doi.org/10.3390/healthcare12111087>, ISSN: 2227-9032; FI: 2,4; Q2.
4. **Cojocaru, C.M.**, Popa, C. O., Schenk, A., Jakab, Z., Suciu, B.A., Olah, P., Popoviciu, H., & Szasz, S. (2024). A Single-Session Process-Based Cognitive-Behavioral Intervention Combined with Multimodal Rehabilitation Treatment for Chronic Pain Associated

with Emotional Disorders. *Behavioral Sciences*, 14(4), 327.  
<https://doi.org/10.3390/bs14040327>, ISSN: 2076-328X; FI: 2,5; Q2.

5. Popa, C. O., Sava, F.A., Muresan, S., Schenk, A., **Cojocaru, C.M.**, Muntean, L.M., & Olah, P. (2022). Standard CBT versus integrative and multimodal CBT assisted by virtual-reality for generalized anxiety disorder. *Frontiers in Psychology*, 13, 1008981. <https://doi.org/10.3389/fpsyg.2022.1008981>, FI: 3,8; Q2; autor corespondent.
6. Schenk, A., Popa, C.O., **Cojocaru, C.M.**, Marian, Ș., Maier, S., Băjenaru, O. L., & Bălașa, R. (2024). An Online Single-Session Cognitive Behavioral Therapy for Depression and Anxiety Associated with Multiple Sclerosis-Pilot Study. *Behavioral Sciences*, 14(7), 620. <https://doi.org/10.3390/bs14070620>, ISSN: 2076-328X; FI: 2,5; Q2.

#### Lucrări indexate BDI/ PubMed publicate in extenso

7. **Cojocaru, C.M.**, Popa, C.O., Schenk, A., Suci, B.A., & Szasz, S. (2024). Cognitive-behavioral therapy and acceptance and commitment therapy for anxiety and depression in patients with fibromyalgia: a systematic review and meta-analysis. *Medicine and Pharmacy Reports*, 97(1), 26–34. <https://doi.org/10.15386/mpr-2661>; ISSN 2668-0572.
8. Popa, C.O., Olah, P., **Cojocaru, C.**, Jakab, Z., Ghiga, D.V., & Schenk, A. (2022). Unified protocols for transdiagnostic treatment versus the Beckian's approach of cognitive behavioural therapy for medical students with emotional disorders. *Acta Marisiensis – Seria Medica*, 68(1), 12-16. <https://doi.org/10.2478/amma-2022-0002>; ISSN 2668-7763; autor corespondent.
9. **Cojocaru, C.**, Suci, B.A., Popa, C.O., Szasz, S., Mărginean, R., Suci, N., & Schenk, A. (2021). Acceptance and commitment therapy for anxiety and depressive symptoms co-occurring with chronic postsurgical pain and fibromyalgia. *Health, Sports & Rehabilitation Medicine*, 22, 188-195. doi:10.26659/pm3.2020.22.3.188; ISSN 2668-5132.
10. **Cojocaru, C.**, Popa, O.C., Schenk, A., Suci, N., & Szasz, S. (2020). Medication and cognitive-behavioral therapy treatment effects on the brain in depression. *Health, Sports & Rehabilitation Medicine*, 21(2), 110–112. doi: 10.26659/pm3.2020.21.2.110; ISSN 2668-5132.